



Maine Department of Health and Human Services

Covid Social Supports

**Covid Social Support services help people to safely isolate and quarantine.
Any person who is a case or close contact of COVID-19 is eligible.**

Use one referral form per household. Services will be provided by location.
The more information we have, the better able we are to serve.

This community-based care provides temporary and FREE help with:

- groceries or meals (culturally appropriate)
- assistance to stay in the home or hotel/shelter
- unemployment and rent relief application support
- cultural brokering and interpretation
- support for stress and anxiety
- masks, thermometers, pulse oximeters and/or COVID testing support
- necessary transportation services
- outreach and education services about COVID-19
- other household needs



Fill out a referral form here:

<https://www.maine.gov/dhhs/form/covid-19-referral-form>



Maine DHHS typically responds the same day.
Information received is private and confidential.
Social services provided are free and will NOT
affect eligibility for other Federal or State
service/Benefits.



DHHS.covidsocialsupport@maine.gov

for questions or more information

Referrals are monitored 7am-7pm, 7 days/week