

Homemade Kinetic Sand



This week let's make our own super squishy and moldable kinetic sand!

You will need:

- 1 cup play sand
- 1/2 tbsp corn starch
- 1 tsp dish soap
- 1 cup of water (added as needed)
- Optional: Food coloring

Instructions:

1. Begin by combining the play sand and corn starch in a large bin or container, and mix well.
2. In a second container combine water, dish soap, and food coloring (if desired). Stir until the water is bubbly.
3. Slowly add the water mixture to the sand mixture, a little bit at a time. Mix continuously as you add the water.
4. You will likely use between 3/4 cup and 1 cup of the water mixture, depending on whether your sand is more coarse or more fine. Continue to add the water until your desired consistency has been reached.
5. Add shovels, cookie cutters, or other kitchen gadgets, and kids will have a blast as they create and play!

Tips & Storage:

1. Store your homemade kinetic sand in an air-tight container between play times, and it can be used again and again.
2. If the sand dries out between play, mix a small amount of soapy water into the sand. This will restore it to the desired consistency.

This craft activity is adapted from a project shared on GrowingAJeweledRose.com/.

